

OUR IMPACT



Enhancing participants' physical and mental health



Increasing intergenerational understanding



Providing bespoke experiences for the excluded, lonely and vulnerable

1,469
live
experiences

425
participants

5
partner
orchestras

HEALTH & WELLBEING



OUR PARTICIPANTS SAID

92%

said our projects had a positive impact on their wellbeing

79%

said they felt their contribution mattered

94%

said they would take part in a similar project again

95%

said they felt included

“ This is outstanding and much needed work that all people living with dementia and their carers and young people should have access to. ”

“ I feel like lockdown has made us all feel very isolated but coming together in a group just makes you **feel like you belong somewhere.** ”

“ Listening to music always **helps my anxiety.** Being able to enjoy live music in the company of others brings joy to my life. ”

*figures 2020-22

MAJOR PROJECTS

- **Hear and Now** - Intergenerational music making
- **Creative Journeys** - Celebrating older people's creativity
- **Destinies** - Performance opportunities for vulnerable young people

ORCHESTRAS *Live*

Registered charity number: 1117211

orchestraslive.org.uk



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